

**Ruskington Chestnut Street PSHE and RSE - Curriculum Overview**

**Long Term Plan 2025 - 2026**



	<b>Aut1</b>	<b>Aut2</b>	<b>Spr1</b>	<b>Spr2</b>	<b>Sum1</b>	<b>Sum2</b>
<b>EYFS</b>						
<b>F1</b>						
<b>EYFS</b>	<i>PSHE Jigsaw Being Me</i>	<i>PSHE Jigsaw Changing Me</i>	<i>PSHE Jigsaw Celebrating Differences</i>	<i>PSHE Jigsaw Healthy Me</i>	<i>PSHE Jigsaw Relationships</i>	<i>PSHE Jigsaw Dreams and Goals</i>
<b>F2</b>						
<b>Year 1</b>	<i>PSHE Jigsaw Being Me</i>	<i>PSHE Jigsaw Changing Me</i>	<i>PSHE Jigsaw Celebrating Differences</i>	<i>PSHE Jigsaw Healthy Me</i>	<i>PSHE Jigsaw Relationships</i>	<i>PSHE Jigsaw Dreams and Goals</i>
<b>Year 2</b>	<i>PSHE Jigsaw Being Me</i>	<i>PSHE Jigsaw Changing Me</i>	<i>PSHE Jigsaw Celebrating Differences</i>	<i>PSHE Jigsaw Healthy Me</i>	<i>PSHE Jigsaw Relationships</i>	<i>PSHE Jigsaw Dreams and Goals</i>
<b>Year 3/4</b>	<i>PSHE Jigsaw Being Me</i>	<i>PSHE Jigsaw Changing Me</i>  <i>For this term the children will be taught in single aged years groups to cover the RSE aspects of the Changing Me unit</i>	<i>PSHE Jigsaw Celebrating Differences</i>	<i>PSHE Jigsaw Healthy Me</i>	<i>PSHE Jigsaw Relationships</i>	<i>PSHE Jigsaw Dreams and Goals</i>
<b>Year 4/5</b>	<i>PSHE Jigsaw Being Me</i>		<i>PSHE Jigsaw Celebrating Differences</i>	<i>PSHE Jigsaw Healthy Me</i>	<i>PSHE Jigsaw Relationships</i>	<i>PSHE Jigsaw Dreams and Goals</i>
<b>Year 5/6</b>	<i>PSHE Jigsaw Being Me</i>		<i>PSHE Jigsaw Celebrating Differences</i>	<i>PSHE Jigsaw Healthy Me</i>	<i>PSHE Jigsaw Relationships</i>	<i>PSHE Jigsaw Dreams and Goals</i>